

# Honduras Mission Team 2009

## Packing List

Team PACKING LIST

### TIPS

- o Clothing blend should be light; wear moisture wicking (i.e. UnderArmor)
- o Store your clothes in large ziplock bags
- o DO NOT bring any expensive jewelry
- o Please...NO iPods & no phones
- o You MUST be able to carry and be responsible for what you're bringing
- o We suggest that your travel outfit be the same going as it is coming (to save luggage space)

### PASSPORTS

THIS YEAR we are going to make a copy of everyone's id (license or school id on one side) and the other side will have a copy of your passport. That way if anyone asks to see your passport they will NOT be looking at your original/actual passport. Drivers will be encouraged to wear it around their neck or put it in your pocket (whichever is easiest for you). One leader will hold the passports of all the minors in the group. All others are expected to keep track of their own passports

Make copies of your passport! Angie needs two color copies. Also leave a copy at home, and keep a copy in your carry-on luggage

### LUGGAGE

American Airlines Requirements:

#### **Carry-On Allowance: 1 Bag + 1 Personal Item**

Each passenger is allowed to carry on one bag and one personal item such as a purse or briefcase. All carry-on luggage must fit in the overhead bin or under the seat in front of you and adhere to the following requirements:

- Maximum Dimensions of Carry-on Luggage: 45 linear in/114 cm (length + width + height)
- Maximum Weight of Carry-on Luggage: 40 lb/18 kg

#### **Checked Baggage Allowance: 2 Pieces**

Each passenger is allowed 2 checked bags as long as each bag adheres to the below requirements:

- Maximum Dimensions: 62 linear inches/157 cm (length + width + height)
- Maximum Weight: 50 lb/23 kg

**CARRY ON** – This is your MAIN LUGGAGE; it's anything you can't live without for a week!

- o DO NOT put any liquids over 3 ounces in your carry-on or it will be thrown out in security at the airport (such as meds, eye care, mosquito spray, hand sanitizer, sunscreen, "off", bottled water, etc)
- o PACK
  - 1 pair of shower shoes (flip-flops) to wear IN the shower
  - 1 pair of sturdy work boots
  - 1 pair of sneakers or flats for church
  - 8 pair of underwear (one change of for each day we're there)
  - 9 pair of socks (one change of for each day we're there and an extra pair of socks in case your socks get wet)
  - 7 t-shirts (one change for each day we're there excluding 2 travel days); avoid having English words and the American flag on the front
  - Dress code for women: NO spaghetti straps
  - Conservative summer PJs
  - Sweatshirt/Light jacket
  - "Shants" are great (shorts/pants combo- to unzip to make shorts) or sturdy pants to work in
  - Dress code for women: long shorts or capris ONLY
  - Dress code for women for 1 church outfit: Skirt and blouse
  - Dress code for men for 1 church outfit: collar shirt and no jeans
  - Dress code for women: ONE PIECE bathing suit ONLY
  - Lightweight towel/camping towel
  - Washcloth
  - Bandanas or caps
  - Pocket bible

**BACK PACK** – This is your “personal item” luggage

- o Passport - Consider bringing a neck passport purse for your passport
- o Ticket info
- o International drivers license (if you’re driving)
- o Itinerary and schedule
- o Gum (please...this is to make everyone ELSE happy ☺)
- o Personal medicines
- o Personal \$50-\$100.00
- o Mission \$\$
- o Dramamine (suggested for car ride if you get motion-sick)
- o Camera
- o Pocket translator
- o Sharpies (to mark your name on your water bottle or Gatorade)
- o Pens
- o Journal

**CHECKED** – You will have 2: one is for your bedding and large items (listed below) and the other one will be strictly for “ministry” – such as carrying items for family boxes or “give-aways”. You will be responsible for maneuvering BOTH checked luggages in all the airport and vehicles from the time you leave your home until you return back home.

**PACK**

- Bedding
  - There will be 3 inch mattresses provided. If you’d prefer to sleep on something else, you may bring an inflatable mattress or portable cot will go in one suitcase (and pump)
  - Sleep sack
  - Portable, mini pillow
- Personal fan
- Small flashlight
- Pocket knife
- Work gloves

**CONSIDER BRINGING**

- o Portable water bottle to refill each day from large “safe water” jug
- o Clorox wipes to clean the bottles each day
- o Eye protection if you even might be on the construction team
- o Considering bringing a picture of your family to share with the people with whom you come into contact

**TOILETRIES**

- o BYO toilet paper! (travel, compact size (Ask if you’re not sure what this about ☺)
- o Personal packet size Kleenex
- o Ear plugs
- o Hair brush
- o Pony tail holders (for women)
- o Soap
- o Shampoo, conditioner
- o Deodorant
- o Toothbrush
- o Toothpaste
- o Feminine hygiene products
- o Razor
- o Small size shaving cream for men
- o Hand sanitizer, hand sanitizer, hand sanitizer
- o Baby wipes
- o Extra glasses or contacts (just in case!)
- o Sunscreen
- o Sunburn cream